Learning Programs
Challenge & Grow
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Students will travel beyond their own perceived limitations and gain an understanding that physical and social risks are made safe through skill development and mutual help.

As individuals and in teams, students will work through tasks that are designed to specifically challenge them and develop lasting skill sets that can be transferred into everyday life. Students will be comfortable with the notion that not everything goes to plan. The focus is on experiential learning and success is measured in the doing whilst failures will be celebrated and analysed.

Students will:

- Work through tasks that are designed to specifically challenge them, whilst focusing on attributes that actively build and encourage resilience.
- Develop ways of initiating and sustaining positive and constructive relationships with peers and adults, to increase their ability to resolve conflict and express emotions appropriately.
- Learn to think clearly, rationally and logically when challenged.
- Reflect critically on the environment they are in, physically and socially, and understand that reward is a direct result of effort invested.
- Learning activities used to explore the themes within this learning branch can be adapted to suit students across a range of learning stages.

Programs developed around the Challenge & Grow learning branch are suitable for students in AusVELS levels F-4: Laying the foundation, 5-8: Building Breadth & Depth & 9-10: Developing Pathways.